

April 2024 DYSPHAGIA MENU

2023-2024 Meal Prices:

Paid Elementary Breakfast: \$1.00 // Paid Elementary Lunch: \$2.25 Paid Secondary Breakfast: \$1.25 // Paid Secondary Lunch: \$2.50 Reduced Student Breakfast: FREE // Reduced Student Lunch: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
2 Yogurts	Chicken & Waffles	Cinnamon Roll w/ Sausage	Cream of Wheat w/ Fruit	Pancakes & Sausage
Applesauce	Applesauce	Applesauce	Compote	Applesauce
Juice	Juice	Juice	Applesauce	Juice
Milk	Milk	Milk	Juice	Milk
Cheese Enchiladas	Salisbury Steak	Chicken Nuggets w/ Country	Milk	Macaroni & Cheese
Seasoned Black Beans	Glazed Carrots	Gravy	Spaghetti	Tomato Soup
Green Beans	Mashed Potatoes	Mashed Potatoes	Glazed Carrots	Creamed Spinach
Canned Peaches	Fresh Banana	Green Beans	Green Beans	Fruit Cobbler
	Canned Pineapples	Fruit Cobbler	Sliced Pears	
8	9	10	11	12
Fruit & Yogurt Parfait	Sausage Biscuit w/ Gravy	French Toast w/ Fruit Compote	Chicken Biscuit w/ Gravy	Blueberry Muffin w/ Fruit
Applesauce	Applesauce	Applesauce	Applesauce	Compote
Juice	Juice	Juice	Juice	Applesauce
Milk	Milk	Milk	Milk	Juice
Beef & Cheese Nachos	Turkey Alfredo	Mashed Potato Bowl	Chili	Milk
Seasoned Black Beans	Green Beans	Mashed Potatoes	Mashed Potatoes w/ Gravy	Green Chili Burrito
Cauliflower	Glazed Carrots	Green Beans	Glazed Carrots	Glazed Carrots
Sliced Peaches	Fruit Cocktail	Fruit Cobbler	Fruit Cocktail	Green Beans
				Mandarin Oranges
15	16	17	18	19
	2 Yogurts	Cinnamon Roll w/ Sausage	Cream of Wheat w/ Fruit	Pancakes & Sausage
	Applesauce	Applesauce	Compote	Applesauce
NO SCHOOL	Juice	Juice	Applesauce	Juice
	Milk	Milk	Juice	Milk
	Salisbury Steak	Chicken Nuggets w/ Country	Milk	Macaroni & Cheese
	Glazed Carrots	Gravy	Spaghetti	Tomato Soup
	Mashed Potatoes	Mashed Potatoes	Glazed Carrots	Creamed Spinach
	Fresh Banana	Green Beans	Green Beans	Fruit Cobbler
	Canned Pineapples	Fruit Cobbler	Sliced Pears	

22	23	24	25	26
Fruit & Yogurt Parfait	Sausage Biscuit w/ Gravy	French Toast w/ Fruit Compote	Chicken Biscuit w/ Gravy	Blueberry Muffin w/ Fruit
Applesauce	Applesauce	Applesauce	Applesauce	Compote
Juice	Juice	Juice	Juice	Applesauce
Milk	Milk	Milk	Milk	Juice
Beef & Cheese Nachos	Turkey Alfredo	Mashed Potato Bowl	Chili	Milk
Seasoned Black Beans	Green Beans	Mashed Potatoes	Mashed Potatoes w/ Gravy	Green Chili Burrito
Cauliflower	Glazed Carrots	Green Beans	Glazed Carrots	Glazed Carrots
Sliced Peaches	Fruit Cocktail	Fruit Cobbler	Fruit Cocktail	Green Beans
				Mandarin Oranges
29	30			
Oatmeal	Chicken & Waffles			
Applesauce	Applesauce			
Juice	Juice			
Milk	Milk			
Cheese Enchiladas	Salisbury Steak			
Seasoned Black Beans	Glazed Carrots			
Green Beans	Mashed Potatoes			
Canned Peaches	Fresh Banana			
	Canned Pineapples			

^{*}All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.*

All meals come with a choice of 1% white milk or fat free chocolate milk

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Menus are subject to change without notice due to price and availability of food

^{***}Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk***